



SJD Women's Retreat 2026 Events

Day	Time	Activity	Location
Friday	4:30-5:30 pm	Check-in	Foyer
	5:30 pm	Welcome and Introductions	Main Room
	6:00 pm	Dinner (sit in small groups)	Dining Room
	7:00 pm	Icebreakers	
	7:30 pm	Theme Intro (Allison)	Main Room
	8:00 pm	Rosary (with singing) Free-Time	Chapel
Saturday	7:00 am	Daily Mass with Sisters (optional)	Sister's Chapel
	8:00 am	Ice Breaker – Name Game	Main Room
	8:30 am	Breakfast (Animal Regions of Earth)	Dining Room
	9:15 am	Session 1: Daughter (Allison)	Main Room
	9:45 – 10:30 am	Small Group Discussion	
	10:30 – 11:00 am	Session 2: Sister (Nancy)	Main Room
	11:00 – 11:45 am	Small Group Discussion	
	12 noon	Lunch	Dining Room
	1:00 – 2:30 pm	Reconciliation Adoration Art Project / Free Time	Variety Rooms Chapel Main Room
	2:30 – 3:00 pm	Session 3: Mother (Tess)	Main Room
	3:00 – 3:45 pm	Small Group Discussion	
	4:00 – 4:30 pm	Angel Activity	Main Room
	4:30 – 5:45 pm	Prayer – Divine Office (Mara) Art Project / Free Time	Chapel Main Room
	5:45 pm	Gather for Picture	Main Room
Sunday	6:00 pm	Dinner	Dining Room
	7:00 pm	Guided Meditation and Ceremony	Chapel
	8:00 pm	Dessert and Game Night	Main Room
	7:30 am	Prayer – Divine Office (Mara)	Chapel
	8:00 am	Continental Breakfast	Main Room
	8:30 – 9 am	Session 4: Bride (Kathy)	Main Room
	9 – 9:45 am	Small Group Discussion	Main Room
	10 am	Mass	Chapel
		Closing Remarks (Allison)	Chapel
	Following mass	Brunch and Depart around 12:30 pm	Dining Room